

TIPS FOR A MORE  
*CONNECTED*  
*HOLIDAY SEASON*

WWW.KATETOWELL.COM

DECK THE HALLS



A holiday tree, all lit up, quickly becomes the centerpiece for the home and never fails to draw everyone together in the evenings.

TAKE A LIGHT DRIVE

Piling in the car and taking a drive to see all the holiday lights around town is tons of fun, especially if there is holiday music.



COOK TOGETHER



Potlucks with family and friends where everyone brings a seasonal favorite is a great way create connection over the holidays.

READ HOLIDAY STORES

Reading holiday stories, old and new, aloud together inspires beautiful slow-down evenings.



TEA TIME



Nothing says holiday cheer like warm mugs of tea, holiday cookies and conversation.

MOON WALKS



There is nothing more magical than bundling up, grabbing a flashlight, and talking a walk in the moonlight.